

# CAR SEAT AND SEAT BELT FIT GUIDE



### Rear-Facing

As long as possible—often until after age two and 30 pounds.



### Forward-Facing

Use until the child reaches the highest weight or height allowed by the car seat manufacturer.



### Booster

Once a child is too big for a forward-facing seat, move to the booster. At least age 4 and 40 lbs.



### Seat Belt

Booster seat recommended until seat belt fits correctly. No younger than age eight. *Proper fit: lap belt across the hip bones and shoulder belt across the chest and positioned at mid-shoulder.*

See Visual Seat Belt Fit Guide



### Back Seat

All children under 13 years of age should sit in the back seat properly restrained in a car seat or seat belt.

Age (Years) Birth 1 2 3 4 5 6 7 8 9 10 11 12 13+



**Utah Law:** All passengers must wear seat belts and children up to age 8 must be properly restrained in a car or booster seat. Children who are 4'9" before the age of 8 can be restrained by a vehicle lap/shoulder belt.

For more information on proper car seat and seat belt fit, go to [ClickIt.utah.gov](http://ClickIt.utah.gov)

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